



St John's C of E Middle School Academy



Help and Support for Children and Families (Early Help Offer)

Updated: 2022-23

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Help and Support for Children and Families

St John's C of E Middle School Academy

Introduction

At St John's C of E Middle School Academy we recognise the challenges that families face in bringing up children. There may be times when you need extra help and support. If this is the case please come and talk to us. There are many ways in which we can help as outlined in this offer of early help. We can also help to plan specific support for families in the forms of Plans or Early Help Assessments where we can work together to set and achieve outcomes.

Levels of Need

The diagram below shows the range of needs at different levels. We use this graduated approach from <u>Worcestershire Children First</u> to make sure we provide the best support for different families' individual situations.



Providing early help and support to our pupils and families at St John's C of E Middle School Academy means we are more effective in promoting support as soon as we can. Early help means providing support as soon as a problem emerges, at any point in a child's life, from the foundation years through to teenage years.





Key Safeguarding Personnel

The Designated Safeguarding Lead (DSL) is: Mrs K.Gallinagh

Contact details: email: kgallinagh@st-johns-bromsgrove.worcs.sch.uk

Telephone: 01527 823376

The Deputy DSLs are: Mrs N.Hine, Mr D.McEvilly, Miss J.Alexander and Mrs A.Elwell, Mrs S.Butt

Contact details: email:

 $\underline{ nhine@st-johns-bromsgrove.worcs.sch.uk} \ \underline{ dmcevilly@st-johns-bromsgrove.worcs.sch.uk}, \\$

jalexander@st-johns-bromsgrove.worcs.sch.uk, aelwell@st-johns-bromsgrove.worcs.sch.uk sbutt@st-johns-bromsgrove.worcs.sch.uk

Telephone: 01527 832376

Our Trauma Informed, Early Help and Family Support Assistant is Miss Josephine Alexander

Contact via Epraise or Telephone: 01527 832376

The nominated safeguarding governor is: Mrs Adele Lee

Contact details: email: school@st-johns-bromsgrove.worcs.sch.uk Telephone:

01527 832376

The Head of School is: Mrs Alison Elwell-Thomas

Contact details: email: aellwell@st-johns-bromsgrove.worcs.sch.uk Telephone:

01527 832376

The Headteacher and CEO is: Mr. Geraint Roberts

Contact details: email: groberts@st-johns-bromsgrove.worcs.sch.uk Telephone:

01527 832376

The Chair of Governors is: Mrs Adele Lee

Contact details: school@st-johns-bromsgrove.worcs.sch.uk Telephone:

01528 832376

Processes

At St John's C of E Middle School Academy, our SILT (Safeguarding and Inclusion Leadership Team) meet once a fortnight to discuss any concerns. This team, who have all received 'Targeted 2 Training,' includes:

Mrs Gallinagh – Deputy Headteacher (Inclusion) – Designated Safeguarding Lead (DSL)

Mrs N.Hines-Assistant Headteacher (Behaviour) - Deputy Safeguarding Lead

Mr McEvilly - SENCo - Deputy Safeguarding Lead

Miss Alexander – Early Help and Family Support – Deputy Safeguarding Lead

Mrs Alison Elwell-Thomas – Head of School - Deputy Safeguarding Lead

Mrs Sarah Butt – Emotional Literacy Support Assistant (ELSA)

Each week our Senior Leadership Team (SLT) meet with Heads of Year who have a pastoral responsibility for the year group. All Heads of Year have received 'Targeted 1 training'

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Year 5 - Mrs Hall

Year 6 - Mrs Hirons

Year 7 - Miss Bourne

Year 8 - Mr Boyd

Our class teachers receive safeguarding training which is refreshed and updated on a frequent basis with a full refresher every year. Any concerns raised by staff relating to children in their class are shared with the head of year allowing for us to act in the appropriate way to support the child, and family. Initially, any concerns that you may have, should be discussed with the class teacher. Epraise can be used to privately message the teacher should you need to arrange a meeting. The form tutor will contact you if they need to meet.

Heads of Year meet with the teachers in their year group on a fortnightly basis. Safeguarding is a standing item on their agenda. At these meetings we discuss:

How the child presents	Behaviour	Attitudes to learning
Friendships	Family issues	Additional needs
Any support they receive	General progress	Other agencies involved

This allows us to identify any pupils and families that would benefit from early help and allows us to help them access the services in, and beyond, the school.

Pastoral support needs are met initially by the class teacher, however, pupils needing more specific support can be referred by the class teacher.

Our dedicated team of teaching assistants are deployed by the SENDCo based on supporting the various needs of our pupils. Further information can be found in our SEND Offer.

<u>PREVENT TRAINING</u> – Radicalisation.

Mrs Gallinagh has received PREVENT training and has trained the team on how to identify the early stages of radicalisation and what to do. We follow the mantra; NOTICE CHECK SHARE.

Child Sexual Exploitation and Child Criminal Exploitation

All staff at St John's C of E Middle School Academy have been trained to identify early cases of child sexual or criminal exploitation. At school we use the <u>Get Safe risk assessment and processes</u> if we have concerns.

Female Genital Mutilation (FGM)

All staff have received training on FGM. Teachers know how to identify if a child may be at risk. They know the signs to look for and most importantly how to refer, following the schools safeguarding procedures. At St John's C of E Middle School Academy we meet the needs of our children through a variety of ways:

- Closely monitoring and having conversations about Attendance
- Safeguarding processes of reporting and building up a picture
- Behaviour for Learning
- Pastoral Support where changes and needs are noted
- Speaking to parents and building positive relationships
- SENCO support
- Designated Safeguarding Lead who can see the full picture of concerns raised (DSL)

At St John's C of E Middle School Academy we meet the needs of our children through a variety of ways:





Pupil Voice – pupils are actively encouraged to speak about any concerns they have to a member of staff or to our pastoral team. In lessons children are taught to speak openly about their emotions. Pupils know the staff take all their concerns very seriously.

- Children's questionnaires ascertain if they feel happy and safe
- Epraise facility for pupils to 'Report a Concern' on 'Wellbeing', 'bullying' or 'something that they want their teacher to know.'
- Our PSHE and RSE Curriculum
- E-safety assembly delivered to all pupils
- E-safety presentation offered to parents
- Assemblies for E-Safety, Sexting and other relevant topics are conducted by school staff or external
 agencies.
- A recovery system where pupils are spoken to when things are not going well for them.
- Delivery of support groups tailored for our children's needs
- Our school council have a huge role in pupil voice and they meet with Mrs Elwell
- Staff CPD around pupil wellbeing and how to support them.
- Senior Leadership Team presence during less structured times
- School nurse referrals and discussions to discuss pupil wellbeing to pupils.
- Attendance of meetings with community school and police group, on a termly basis

ATTENDANCE

Mrs Barnsley is the Attendance Officer, supported by Mrs Lloyd (Pupil Premium Mentor) and overseen by Mrs Hine (Assistant Headteacher). She, and heads of year, monitor attendance regularly and follow our attendance policy (on the school website) to support pupils and families where attendance is becoming concerning. The aim is to offer help and solutions to any problems. Parents can access their child's attendance live via Epraise. The school operates a first day response system.

SAFEGUARDING

- All teachers and staff know how to identify and report concerns, via staff training on induction and our regular updates on safeguarding.
- Child protection files are kept in an electronic secure format or In a lockable, fire proof cabinet.
- The Attendance team follow missing from education guidance.
- All new staff complete safeguarding inductions.
- We have a designated teacher for children in care and those who are Previously Looked after.
- We have a record of annual recording that all staff have read the relevant sections of 'Keeping Children Safe in Education' (Sept. 2022).

Behaviour for Learning at St John's C of E Middle School Academy

- The school encourages and rewards pupils using Epraise on a lesson by lesson basis
- Pupils are rewarded by events and other entitlements can be purchased and awards given through Epraise for meeting certain criteria.
- Recovery staff have received MAPA Deescalation training
- Emotional Literacy Support assistant runs support groups where needs are identified
- Trauma Informed practitioners support where concerns are raised
- · Landscape of the Mind (TIS) forms part of every child's PSHE curriculum to identify and support.

Our school Behaviour and Relationships Policy is followed by all staff for pupils displaying unwanted behaviours.

Parents can access their child's behaviour for learning record via Epraise.





Pastoral Support

Allocated staff work with pupils and families to support their needs whilst also signposting them to relevant agencies. With families consent, we can refer families for further family support in the form of Early Help or Targeted Support (Click for details)

SENCO

Mr McEvilly works with children and families with additional needs and can signpost parents to many different agencies.

Designated Safeguarding Lead (DSL)

The DSL (Mrs Gallinagh) ensures rigorous and robust systems are in place within the school to ensure the safety of all of our children.

In **Keeping Children Safe in Education 2022,** it makes it clear that ALL staff should be aware of their local early help process and understand their role in it. In addition, this statutory document makes it clear that any child may benefit from early help, but all school and college staff should be particularly alert to the potential need for early help for a child who:

- Is disabled and has specific additional needs;
- Has special educational needs (whether or not they have a statutory education, health care plan); Is a young carer;
- Is showing signs of being drawn in to anti-social or criminal behaviour, including gang involvement and association with organised crime groups;
- Is frequently missing/goes missing from care or from home;
- Is misusing drugs or alcohol themselves;
- Is at risk of modern slavery, trafficking or exploitation;
- Is in a family circumstance present challenges for the child; such as substance abuse, adult mental health problems or domestic abuse;
- Has returned home to their family from care;
- Is showing early signs of abuse and/or neglect; Is at risk of being radicalised or exploited; Is a privately fostered child.

Everyone needs help at some time in their lives and therefore an ethos of early help is important for any school or PRU.

The coordinated St John's C of E Middle School Academy offer of Early Help is outlined in the table below. We believe that early interventions for children or families, in many cases, will prevent children from experiencing harm.

All St John's C of E Middle School Academy staff must be aware of the school offer of early help. At all times, staff should consider if there is any offer of early help that we can make in order to help a child thrive.

We also liaise with other agencies and people within the local community. In the table below are some National organisations that can support children, young people and their families





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Designated Safeguarding Lead (DSL) and deputy DSL's of St John's C of E Middle School Academy	If you have any safeguarding concerns regarding a child at our school or in the community, then please contact a member of St Johns' safeguarding team on 01527 832376 . If you think a child or young person is at immediate risk of significant harm, then you should contact the Family Front Door (FFD) – 01905 822 666 or in an emergency always call 999.
Pastoral support team	Initial queries should be directed to the form or subject teacher at the first instance, however if you feel you would like to have a chat regarding more sensitive issues, please contact the Head of Year or a DSL/Deputy DSL on 01527 832376.
School Health Nurse	St Johns' school nurse is Sharon Bradley. If you wish to for your child to see the school nurse, please contact your child's Head of Year or the school SENCo, Mr McEvilly, on 01527 832376 and we will arrange an appointment for your child (and carers if required). Details can be found here.
Dougating support	Starting Well Partnership Worcestershire Starting Well (startingwellworcs.nhs.uk)
Parenting support	There are a number of services for families in Bromsgrove. Contact Sharon Miller or a member of the Starting Well team based at the Pear tree Centre in Sidemoor on 01527 835775 for further information. Parents can self-refer or contact school for assistance.
What is our Early Help Offer?	What is Early Help? Early Help means providing support as soon as a problem appears, to stop it from getting worse. This could be at any point in a child's life, from birth to the teenage years.
	Anyone can provide early help – you don't need to be an expert professional. Early help is not about passing the issue on to an expert, but thinking about what is the best support you can offer.
	You can provide effective support by: Listening, working with other people who could help, finding out about specialist agencies who could help, filling out an Early Help Assessment or a Signs of Success Plan with the person you are helping, contacting Children's Social Care or Early Help and Integrated Family Support (EIFS) if you think the problem is more serious There is a lot of information and advice on the Advice , Care , Health and Support Dages as well as detail of local services that can provide support for children, young people and families. Download: Worcestershire Special Educational Needs and Disabilities (SEND) strategy
The Front Door to	If a member of staff, parent/carer or member of the public thinks a child or young
Children's Services	person is at risk of significant harm they should contact the <u>Family Front Door</u> (FFD) – 01905 822 666
(Previously: Children's Helpdesk).	If you have reason to believe that a child, young person or adult is at immediate risk from harm contact the Police: 999 For assistance out of office hours (weekdays and all day at weekends and bank holidays): telephone: 01905 768020 Do not wait to discuss this with the DSL/DDSL but do report it afterwards.





WMSGCG (West Midlands	
Safeguarding	Children
Group) website.	

http://westmidlands.procedures.org.uk/

Select Worcestershire from the drop-down menu

Important information for **parents** and **professionals** across Worcestershire in relation to keeping children safe and avenues of support including early help options. Everyone should know how to access this website which has all of the agreed Worcestershire safeguarding and child protection processes on it.

Universal source of help for all families in Worcestershire: Worcestershire Family Information Service (FIS)

Worcestershire Family Information Service (FIS) advisors give impartial information on **childcare**, **finances**, **parenting and education**. FIS are a useful source of information for parents and professionals. They support families, children and young people aged 0-19 years of age (25 for young people with additional needs) and professionals working with these families. They can help link parents up with other organisations that might be able to help or provide the information themselves.

http://www.worcestershire.gov.uk/info/20507/childcare/1579/family_information_n_service

Home-school support

Worcestershire Elective Home Education Network

Home education is becoming an increasingly popular option for some families but this must be carefully considered. (Government guidance) In Worcestershire and we have a growing community that are able to offer each other support. Between us we have years of experience in educating children of all ages and are able to organise and put on a range of activities.

We hold meetings usually at least weekly, throughout term time at various locations round the county-for example:

- Social gatherings occur monthly in North Worcestershire for all ages, with both indoor and outdoor games plus organised activities such as climbing/zipwires/grass sledging for 8+.
- Monthly meeting in Worcester with games, music and crafts for all ages.
- Monthly social meeting in south Worcestershire, including indoor and outdoor games, group music session and a drama group.
- Bowling or Ice skating most months.
- "Education group" workshops organised regularly. Recent workshops have include: Marvellous Mosaics' 'Gunpowder plot' 'Medieval life', 'Making Music' and 'Creative Writing.

We also meet up with people from neighbouring counties and many of us go along to the national camps and gatherings that are organised by home educators throughout the year.

We have a Worcestershire Home Educators Newsletter (WHEN) that lists all of the activities for the coming month and run a Worcestershire Home Educators Internet support list.

Contact us on: info@worcestershire-home-educators.co.uk





E-safety (Online Safety)	Online Activity (phones, computers) can pose a serious risk to children: The use of
	technology has become a significant component of many safeguarding issues.

Child sexual exploitation; radicalisation; sexual predation – technology often provides the platform that facilitates harm. With the right support, education and safety measures in place the internet and new technologies can also bring great

benefits, but we must all be vigilant

PACE (parents against child exploitation) UK is a useful website to engage parents with safety issues.

www.paceuk.info/

Think You Know is the Child Exploitation and Online





Protection (CEOP) Centre. It's a one stop shop for most information about online safety. https://www.thinkuknow.co.uk/parents/ - https://www.thinkuknow.co.uk/teachers (excellent resources)

Educate against hate is a government website to help parents and professionals understand the risks of children and young people being radicalised by extremists online and how to keep children safe from this. http://educateagainsthate.com/ Internet Matters.org is a useful site for helping parents keep their children safe online. www.internetmatters.org

It includes a range of guides for safe set up and use of Xbox, Playstation, Nintendo and other electronic devices.

https://www.internetmatters.org/parentalhttps://www.internetmatters.org/parental-controls/gaming-consoles/controls/gaming-consoles/

NSPCC Net aware gives details on the apps that your child may download and advice on how to keep them safe. Please be aware that all social media carries risk and should be monitored. (Ages start from 13+) https://www.net-aware.org.uk/

Parental Conflict

Harmony At Home

Harmony at Home is Worcestershire's approach to the Reducing Parental Conflict (RPC) initiative in partnership with the Department for Work and Pensions (DWP) and organisations from our multi-agency Reference group.

Parental conflict, which can range from a lack of warmth and emotional distance, right through to swearing and shouting, is known to be a risk factor for poor child outcomes, particularly when conflict is frequent, intense and poorly resolved. There is growing understanding and awareness of the need to address and reduce parental conflict that sits below a domestic abuse or violence threshold.

For resources and information for Parents and Professionals Click

Relate Worcestershire - The Relationship People

Provision of relationship counselling across the county of Worcestershire and in Hereford. Delivering:

- Couple Counselling
- Individual Counselling
- Children and Young People's Counselling
- Family Counselling
- Psychosexual Therapy and Sex Addiction Therapy

Email: reception@relate-worcestershire.org Web: www.relate.org.uk/worcestershire Client Line: 01905 28051





Mental Health

The NHS have some useful apps available for you to access online. They can be accessed by typing or clicking the below link into your URL https://www.nhs.uk/apps-library/category/mental-health/

NHS Choices

Mental health services are free on the NHS. Click here to find out more about the services available to you.

Staying Safe http://stayingsafe.net/









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Tel: 0800 138 1619 Web: www.combatstress.org.uk





	The UK's leading charity for veterans' mental health. Call free 24-hour helpline for veterans and serving military personnel and their families.
Bullying (including	Also see our Behaviour for Learning and Positive Relationships Policy
cyberbullying)/ Child death/suicide/prevention	Cyberbullying is using the internet, email, online games or any digital technology to threaten, tease, upset or humiliate someone else.
	If the police consider a message or post to be potentially criminal, they will take appropriate action. This could involve arresting the person responsible or interviewing them under caution. Cases involving sustained abuse or where someone's life is threatened will be treated seriously. The police will consider all of the circumstances when considering the best response to a report of cyber bullying. They will assess how vulnerable the victim is and what resources are required to trace the offender via social networking sites that often operate abroad and to different legislation. In certain cases, it may be difficult to take action if the offender isn't in the UK. They will work with the victim to bring about the most suitable and proportionate conclusion, this will include alternative options that include the officer in the case using their discretion and working with the offender to record an apology to the victim.
	PAPYRUS (Prevention of young suicide)
	HOPELineUK
	www.papyrus-uk.org
	Tel: 0800 068 41 41 Text: 07786209697
	Is a confidential support and advice service for:
	 Young people under the age of 35 who may be having thoughts of suicide Anyone concerned a young person may be having thoughts of suicide.
	Useful links
	Free CPD Training – Antibullying Alliance https://anti-
	bullyingalliance.org.uk/tools-information Parent and Child
	Advice – Anti Bullying Alliance https://anti-bullyingalliance.org.uk/tools-information/advice-and-support
	Bullying UK
	<u>Childline</u>
	KidScape:
	Resources providing information on issues surrounding bullying, online and
	personal safety. They can be used directly by young people and parents, as well as
	in the classroom within schools and youth organisations.
	https://www.kidscape.org.uk/resources-and-publications/
Hollie Guard-A new	https://hollieguard.com/
personal safety APP	Children & Teens
	Hollie Guard keeps your entire family safe.
	 Keep an eye on your children while they're traveling to and from school with Journey.
	Teens can get help quickly while out with friends.
	 Parents, guardians, and caregivers are automatically contacted by both SMS and email.





Hate Crime	A hate crime is a criminal offense whose motivation can be shown to be race, national origin, religion or sexual orientation. A difference of race alone is NOT sufficient to make it a hate crime. There would have to be evidence of racial slurs or racial statements in addition to the crime (this does not trivialise other serious offenses that are NOT hate crimes).
	Hate Crime:
	West Mercia Police:
	Email: contactus@westmercia.police.uk
	Emergency number: 999 Non-Emergency
	number: 101
	https://www.westmercia.police.uk/advice/advice-and-
	information/hco/hatehttps://www.westmercia.police.uk/advice/advice-and-
	information/hco/hate-crime/crime/
	report online to True Vision (opens in a new window)
	https://educateagainsthate.com/parents/
	Call in at your local police station





Children with disabilities team (CWD)

The Children with Disabilities (CwD) Social Work Team provide services designed to meet the needs of children and young people who have complex disabilities.

The CwD Social Work Team is one of a range of services that can provide support to children and young people with disabilities and their families. Other services available are those provided by health, education, play and youth services as well as community resources provided by voluntary agencies.

The CwD team offer services to those children and young people requiring additional resources in respect of their disability, where the disability has a profound impact on the child or young person's life.

An assessment will be offered where the child has a condition which is substantial, long lasting or permanent, is a physical and/or learning disability or a life limiting, life threatening condition. These may include:

- · severe learning disabilities
- · severe physical disabilities
- severe developmental delay in motor and or cognitive functioning
- profound multiple disabilities
- severe sensory impairment (registered blind and/or profoundly deaf)
- complex and severe health problems that arise from the disability, that are life threatening, degenerative illness or organic disorder resulting in severe disability
- a diagnosis of Autistic Spectrum Condition with an associated learning disability and where the condition severely affects day to day functioning SEN Services and Support Groups
- 9 Tea Cups
- autismlinks

Links to events, services and information of use to families of people with Autism

• Autism in Worcestershire

ASPIE is a social self-help and motivation group for adults with Asperger's Syndrome. We provide a centre in Worcester where Aspies feel welcome and accepted.

Childrens Centres. Find out what's happening at <u>your local Children's Centre</u>
 Community Paediatric Service

Community Paediatric Service is concerned with developmental delay and learning disability; Motor difficulties such as cerebral palsy and muscular dystrophy; Neuro-developmental conditions including ADHD and ASD; complex





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	 behavioural difficulties; sensory impairment; statutory medical & educational assessments https://www.hacw.nhs.uk/services/service/community-paediatric-team-18/ Parents, children and young people can access information, advice and support on statutory assessment and annual reviews from your local SENDIASS. Council for Disabled Children A host of useful leaflets on SEND issues many in Easy Read format to help children understand Disability Information Advice Line (DIAL) Worcestershire Website of the disability advice line South Worcestershire; local info on: Mobility; Benefits and Finance; Carers Support and Respite; Community and Voluntary Support; Disabled Children's Services; Education and Employment; Health; Housing; Independent Living; Learning Disabilities; Legal Support; Leisure and Holidays; Mental Health; Mobility and Aids to Daily Living and Older People's Services Learning Disabilities (opens in a new window) We work with people with learning disabilities, their families and the people who support them.
Drug and Alcohol	Cranstoun Alcohol and Drugs recovery service
abuse	C. C
	https://www.cranstoun.org/services/substance-misuse/cranstoun-worcestershire/
	Cased across Worcestershire, provide community based alcohol, drugs and support services for both adults, young people and families.
	For general enquiries, please contact our central office using the form or contact details below.
	For media enquiries, please email the communications team at media@cranstoun.org.uk or call us on 020 8335 1830 .
DDNs (Dangerous Drug Networks)	DDN's are drug dealing gangs who target vulnerable people in order to set up drugs distribution networks.
	These criminals are using extreme violence to establish a presence, displacing an existing drug supply chain and intimidating rivals, witnesses and victims, this has resulted in local murders.
	DDN's exploit vulnerable teenagers to become drug runners for their network. Early intervention and intelligence are key to safeguard and protect the vulnerable.
	Presentation For DDN's (PDF, 151.7 KB)
	For professionals that work with young people (PDF, 1.3 MB) Drug
	Gangs and Exploitation (PDF, 556.6 KB)





Child Criminal Exploitation (County Lines)	Here is some guidance for frontline professionals on dealing with county lines, part of the government's approach to ending gang violence and exploitation: https://www.gov.uk/government/publications/criminal-exploitation-of-childrenhttps://www.gov.uk/government/publications/criminal-exploitation-of-children-and-vulnerable-adults-county-linesand-vulnerable-adults-county-lines
	Children who are trafficked, exploited or coerced into committing crimes are victims in need of safeguarding and support. Though perceptions are altering these young people are still often criminalised and perceived as having 'made a choice' to take part in illegal activity. https://www.catch-22.org.uk/child-criminal-exploitation/ Getsafe is a Worcestershire Initiative to raise awareness of the sign of exploitation by gangs and to provide information on how to help. http://www.worcestershire.gov.uk/getsafe





Child Sexual Exploitation (CSE)

West Midlands Safeguarding Children Procedures has a page dedicated to Child
Sexual Exploitation. It provides information about child sexual exploitation, the roles and responsibilities of relevant agencies and the procedures practitioners should follow to ensure the safety and well-being of children and young people whom it is suspected have been sexually exploited or are at risk of sexual exploitation.

Key facts about CSE

- It affects both girls and boys and can happen in all communities.
- Any young person can be targeted but there are some particularly vulnerable groups: Looked After Children, Children Leaving Care and Children with Disabilities.
- Victims of CSE may also be trafficked (locally, nationally and internationally).
- Over 70% of adults involved in prostitution were sexually exploited as children or teenagers.
- Sexual violence or abuse against children represents a major public health and social welfare problem within UK society, affecting 16% of children under 16. That is approximately 2 million children.

CEOP (Child Exploitation Online Protection centre)

Website: www.ceop.police.uk/safety-centre Are you worried about online sexual abuse or the way someone has been communicating with you online?

Making a report: www.ceop.police.uk/CEOP-Reporting/

West Mercia Rape and Sexual Abuse Support Centre (WMRSASC)

Helpline: 01905 724514

WMRSASC is a free, confidential and non-judgemental support service for survivors (Men, Women and Children) who have experienced rape, assault, incest, sexual abuse, sexual harassment or any form of sexual attack, whether physical, verbal or emotional from 5yrs upwards.

Providing:

- Independent Sexual Violence Advisory Service (ISVA) Men / Women (18+)
- Family Independent Sexual Violence Advisors
- Children and Young People Service
- Children and YP Sexual Violence Advisors
- (+5 to 18yrs)
- Children's Counselling
- Pre-trial therapy / Sexual Violence counselling





- Educational / Prevention Programmes:
- Sexualisation Exploitation Love Friendship Information Empowerment SELFIE project 11-25yrs (in groups or 1:1)
- SELFIE plus Primary Schools / Community Groups (Adults / Professionals)

Sexual Assault Referral Centre (SARC) -

The Glade Tel: 01886 833555 (18yrs +) Web: www.theglade.org.uk West Midlands Paediatric Sexual Assault Service (including counselling) 0800 953 4133 (0-18) 24hr Self-referral number 0808 178 2058

The Glade offers a free and confidential service to men, women and children who have been victims of rape or sexual assault. Where appropriate clients will be offered a forensic medical examination to gather evidence, advice about pregnancy and sexual health, medication and where appropriate, referral for ongoing and long term support and/or to the clients GP and counselling. Counselling is available to men, women and children who have been victims of rape or sexual assault.

Sex Offender Disclosure Scheme (Sarah's Law)

The scheme allows members of the public - parents, carers, guardians or interested third parties - to ask the police to tell them about a person's record of child sex offences if they are concerned about that person's access to a child. Find out more at: http://bit.ly/2EnlSTa

Documents

- Appropriate Language: Child Sexual and/or Criminal Exploitation Guidance For Professionals (CSE Police and Prevention website, opens in a new window)
- <u>Child Sexual Exploitation: Definition and a guide for practitioners (GOV.UK website, opens in a new window)</u>
- http://www.worcestershire.gov.uk/info/20501/children young people and families/2043/child_sexual_exploitation_cse

Making a referral

The Local Authority has a duty to make enquiries where a child may be suffering harm or neglect. If you think that a child may be at risk then you can let us know via the referral form linked below

Useful Websites

- <u>Barnardo's</u> spot the signs: Advice for parents, professionals and young people on the signs of sexual exploitation and how to keep safe
- <u>Department for Education (Gov.uk)</u> National Action Plan for Tackling Child Sexual Exploitation
- <u>Parents Against Child Sexual Exploitation</u> pace is the leading national charity working with parents and carers whose children are sexually exploited
- NSPCC definitions, statistics, facts and resources about CSE.
- Spotting The Signs of Child Sexual Exploitation: a 15 minute <u>YouTube clip</u> from Health Education England





Domestic violence	Here is a very helpful website for what do to in many different difficult situations: http://www.worcestershire.gov.uk/info/20379/domestic_violence_and_sexual_abu
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automatically be sent to your emergency contact via text and email. Shake it again and it sends out a high pitched alarm and the flash starts to strobe, in order to attract maximum attention. From the moment Hollie Guard is activated, your location is tracked and can be viewed in real time by your emergency contact. Evidence is not stored on the smartphone but on secure servers so that it can be used as future as evidence. Hollie Guard also contains many other features.
Bright Sky App
Web: www.hestia.org/brightsky Bright Sky is a free app providing support and information for anyone who may be in an abusive relationship, or those who are concerned about someone they know. You can download Bright Sky for free on both iOS and Android devices on the App Store and Google Play Store. The app features: A unique UK-wide directory of specialist domestic abuse support services, where users can contact their nearest service by phone from the app, searching by area name, postcode or their current location. A secure My Journal tool, where incidents of abuse can be logged in text, audio, video or photo form, without any of the content being saved on the device itself. Questionnaires to assess the safety of a relationship, plus a section on dispelling myths around domestic and sexual abuse.
Further reading
 Controlling or Coercive Behaviour in an Intimate or Family Relationship Statutory Guidance Framework (GOV.UK website, opens in a new window) Multi-agency Statutory Guidance for the Conduct of Domestic Homicide Reviews (GOV.UK website, opens in a new window)
Here is a PDF helping to understand teenage relationship abuse:
http://www.worcestershire.gov.uk/downloads/file/3157/a parents and carers guide to violence and abuse in teenage relationships
Hope's Place – The Crush Course
<u>CRUSH</u> is an awareness raising and support programme to help young people make safe and healthy relationships. The sessions are run in small groups and are specifically designed for 13-19 year olds.
Fabricated or induced illness (FII) is a rare form of child abuse. It occurs when a
parent, or carer, exaggerates or deliberately causes symptoms of illness in the child.

https://www.nhs.uk/conditions/Fabricated-or-induced-illness/

Teenage relationship

abuse (13-19)

Fabricated and induced illness

(FII)





Faith abuse	Faith and belief-based child abuse, including practices around 'spirit possession' and
	'witchcraft', is a hidden crime, which makes it difficult to quantify in terms of
	magnitude. However, from our own experience and in consultation with
	communities, we know this kind of abuse is under-reported.

https://www.gov.uk/government/publications/national-action-plan-to-tackle-childhttps://www.gov.uk/government/publications/national-action-plan-to-tackle-child-abuse-linked-to-faith-or-beliefabuse-linked-to-faith-or-belief

Further contacts for advice can be found from the local representatives for some faiths.

- An Exploration of Knowledge About Child Abuse Linked to Faith or Belief (2016)
- National Action Plan to Tackle Child Abuse Linked to Faith or Belief
 (2012) Safeguarding Children from Abuse Linked to a Belief in
 Spirit Possession (2007) this good practice guidance is archived but still
 available.
- Eleanor Stobart report 2006: Child Abuse Linked To Accusations of Possession And Witchcraft (2006)
- Unicef study report: Children Accused of Witchcraft
- AFRUCA: Africans Unite Against Child Abuse





Honour based violence (HBV)

Honour' based violence (HBV) occurs when perpetrators believe a relative or other individual has shamed or damaged a family's or community's 'honour' or reputation (known in some communities as izzat), and that the only way to redeem the damaged 'honour' is to punish and/or kill the individual. 'Honour' based violence is a term that is widely used to describe this sort of abuse however it is often referred to as **so called 'honour' based violence** because the concept of 'honour' is used by perpetrators to make excuses for their abuse. There is a very strong link between 'honour' based violence, forced marriage and domestic abuse. The term 'Honour Based Violence' is the internationally recognised term describing cultural justifications for violence and abuse. Honour Based Violence cuts across all cultures and communities: Turkish, Kurdish, Afghani, South Asian, African, Middle Eastern, South and Eastern European for example. This is not an exhaustive list. Where a culture is heavily male dominated, HBV may exist. The police have made it a high priority to help communities fight back to tackle both honour-based violence and hate crime.

The 'Honour Network Help line': 0800 5 999 247

Karma Nirvana

Tel: 0800 5999 247 Website: www.karmanirvana.org.uk

Providing support and advice around Forced Marriage and Honour Based Violence, including Female Genital Mutilation (FGM) Karma Nirvana believes that cultural acceptance does not mean accepting the unacceptable and acknowledges that often there remains a lack of professional confidence. Our work equips professionals so that they do not fear offending communities when tackling forced marriages and honour related abuse as we deal with these abuses within a Child and Public Protection framework. One of our key principles is that we never talk to or engage with your family. Our commitment and loyalty is to you and as we understand the fears when family members become involved.

Muslim Women's Network Tel: 0800 999 5786 (10am - 4pm, Mon - Fri)

Email: info@mwnhelpline.co.uk Web: www.mwnhelpline.co.uk

Text: 07415 206 936

Cultural Barriers Asian / Muslim women face additional cultural barriers that prevent them from seeking help such as fear of dishonouring family, shame, stigma, taboo and being rejected by the community. Also women in these communities are expected to suffer in silence.

Female genital mutilation (FGM)

Female Genital Mutilation (FGM) comprises all procedures involving partial or total removal or the external female genitalia. FGM is illegal in the UK and as of October 2015 mandatory reporting commenced. If education staff or other professionals discovers that an act FGM appears to have been carried out on a girl under 18 years





old there is a statutory (legal) duty on teachers for them PERSONALLY to report it to the police.

Read https://www.nhs.uk/conditions/female-genital-mutilation-fgm/for NHS information and signs of FGM. Any suspicion of FGM should be referred to the Police and social care.

- Annalise Price-Thomas (Head of Service) has completed the online home office training, 'Female Genital Mutilation: Recognising and Preventing FGM' - E-learning package- http://www.fgmelearning.co.uk/ for interested staff or professionals (free home office elearning)

Karma Nirvana

Tel: 0800 5999 247 Website: www.karmanirvana.org.uk

Providing support and advice around Forced Marriage and Honour Based Violence, including Female Genital Mutilation (FGM) Karma Nirvana believes that cultural acceptance does not mean accepting the unacceptable and acknowledges that often there remains a lack of professional confidence. Our work equips professionals so that they do not fear offending communities when tackling forced marriages and honour related abuse as we deal with these abuses within a Child and Public Protection framework. One of our key principles is that we never talk to or engage with your family. Our commitment and loyalty is to you and as we understand the fears when family members become involved.





Forced marriage

UK Forced Marriage Unit fmu@fco.gov.uk

Telephone: 020 7008 0151 Call 999 (police) in an emergency.

http://www.gov.uk/stop-forced-marriage for information on Forced Marriage. *Visit Home Office website to*

undertake Forced Marriage e-learning package

<u>https://www.gov.uk/forced-marriage</u>. GSCB one day Awareness training delivered by Infobuzz http://www.gscb.org.uk Please see 'Multi-Agency Practice Guidelines-Handling cases of Forced Marriage' for more information and detail:

https://westmidlands.procedures.org.uk/pkplo/regional-

 $\underline{safeguarding} https://westmidlands.procedures.org.uk/pkplo/regional-safeguarding-guidance/forced-marriageguidance/forced-m$

Prevention Freedom Charity- Aneeta Prem 'But it's not fair' book. A book for teenagers looking at forced marriage from the point of view of school friends of the girl who went to India and didn't come back. This book promotes discussion.

www.freedomcharity.org.uk
The Freedom Charity (UK charity) have a helpline, text facility and app which can be downloaded to help to provide support and protection for victims of abuse, FGM or forced marriage. They can be contacted on tel: 0845 607 0133 or text 4freedom to 88802 or go to the website to download the app from the app page. Karma Nirvana

Tel: 0800 5999 247 Website: www.karmanirvana.org.uk

Providing support and advice around Forced Marriage and Honour Based Violence, including Female Genital Mutilation (FGM) Karma Nirvana believes that cultural acceptance does not mean accepting the unacceptable and acknowledges that often there remains a lack of professional confidence. Our work equips professionals so that they do not fear offending communities when tackling forced marriages and honour related abuse as we deal with these abuses within a Child and Public Protection framework. One of our key principles is that we never talk to or engage with your family. Our commitment and loyalty is to you and as we understand the fears when family members become involved.

Gangs and Youth Violence

Here is a PDF assisting with Gangs and Youth Violence

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attac hment data/file/418131/Preventing youth violence and gang involvement v3 M arch2015.pdf

This is a website for the Get Safe Initiative: http://www.worcestershire.gov.uk/getsafe





Gender-based violence/violence against women and girls	https://www.gov.uk/government/publications/violence-against-women-and-girlshttps://www.gov.uk/government/publications/violence-against-women-and-girls-evidence-digest-january-2018evidence-digest-january-2018 For information about West Mercia Rape and Sexual Abuse visit: https://www.wmrsasc.org.uk/ FGM (Female Genital Mutilation) is violence against women and girls. Forced marriage and so called 'Honour' based violence are a violation against human rights and is a high priority area of the national and local Violence Against Women and Girls Agenda. It is, primarily an issue for young women and girls aged between 13 and 30 years. Hope House SARC (Sexual Assault Referral Centre): 01452 754390 http://www.onyourmindglos.nhs.uk for 'I've been raped or sexually assaulted' information.
Gender Identity Issues	The Gender Trust is a listening ear, a caring support and an information centre for anyone with any question concerning their gender identity, or whose loved one is struggling with gender identity issues. People who might be Transgender, Transsexual or people who do not identify with the gender they were assigned at birth or those who are simply unsure. Address: 76 The Ridgeway, Astwood Bank, B96 6LX tel: 0845 231 0505 http://www.gendertrust.org.uk
Private fostering	National Fostering Agency (NFA) Call on: 0808 284 9226 Kinship Care Kinship care means that relatives or friends look after children who cannot live with their parents. Visit this website for more information: http://www.worcestershire.gov.uk/privatefostering
Preventing Radicalisation and Extremism/HATE (PREVENT duty)	http://www.educateagainsthate.com is the government website providing information and practical advice for parents, teachers and school leaders on protecting children from radicalisation and extremism. Anti-Terrorist Hotline: tel 0800 789 321 also be raised by email to the Home office: mailto:counter.extremism@education.gsi.gov.uk. Let's talk about it is an excellent website for parents: https://www.ltai.info/ While it remains very rare for school age children to become involved in extremist activity to the point of committing criminal acts, young people can be exposed to extremist influences or prejudiced views, including via the internet, from an early age. As with other forms of criminality or risk of harm, early intervention is always preferable. Schools, working with other local partners, families and communities,





Sexting/Sextortion/y outh produced imagery	can help support pupils who may be vulnerable as part of wider safeguarding responsibilities. Channel guidance 2020: https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/964567/6.6271_HO_HMG_Channel_Duty_Guidance_v14_Web.pdf https://www.nspcc.org.uk/keeping-children-safe/sex-relationships/ (NSPCC website).
Children Missing in Education (CME)	Children Missing Education (CME) refers to 'any child of compulsory school age who is not registered at any formally approved education activity eg school, alternative provision, elective home education, and has been out of education provision for at least 4 weeks'. CME also includes those children who are missing (family whereabouts unknown), and are usually children who are registered on a school roll / alternative provision. This might be a child who is not at their last known address and either has not taken up an allocated school place as expected, or has 10 or more days of continuous absence from school without explanation, or left school suddenly and the destination is unknown. This is the link for Children Missing Education on the Worcestershire website http://www.worcestershire.gov.uk/info/20595/behaviour and attendance/293/children missing education Contact the Children Missing Education team Email: EdWelfareCME@worcschildrenfirst.org.uk Telephone: 01905 844666
Missing Children and Adults Strategy (vulnerable children and adults who go missing)	Every year an estimated 200,000 people go missing in the UK. In some cases, missing adults may have made a choice to leave and 'start their lives over again', but the vast majority of missing people, children and adults, are vulnerable and need protection and support. The strategy has three key objectives which provide the right foundations for any effective local strategy to tackle this issue: Prevention - reducing the number of people who go missing, including through prevention strategies, education work and early intervention in cases where children and adults repeatedly go missing Protection - reducing the harm to those who go missing, including through a tailored, risk-based response and ensuring agencies work together to find and close cases as quickly as possible at a local and national level Provision - providing support and advice to missing persons and families by referring then to agencies promptly and ensuring they understand how and where to access help. The police should be informed if any child or adult goes missing. The Missing Children and Adults strategy can then be referred to for further information and help. It is a home office publication (2011). https://www.gov.uk/government/publications/missing-children-and-adults-strategy https://assets.publishing.service.gov.uk/government/uploads/system/uploads/att achment_data/file/117793/missing-persons-strategy.pdf





Bereavement	Touchstones is a small, local charity with one very simple aim – to be there for any bereaved child and young person in North East Worcestershire
	For more information, please see https://touchstones-support.org.uk/ and call Vicki Quarton or other control of the contr
	email us at info@touchstones-support.org.uk
	Winston's Wish supports bereaved children, their families and the professionals who support t
	Telephone 08088 020 021
	Email address info@winstonswish.org
	Website http://www.winstonswish.org/drop-in
	Facebook Page https://www.facebook.com/winstonswishcharity
	Primrose Hospice Bereavement Counselling – open to:
	 Patients who have a diagnosis of a life-threatening, life-limiting or terminal illness and practitioner within Bromsgrove and Redditch Primary Care Trust.
	 Relatives, friends, loved ones and carers of patients who have a lifethreatening, life-lim illness.
	 Anyone who is bereaved unexpectedly and has a General Practitioner within Bromsgro Primary Care Trust.
	People can self-refer to the service or be referred by a health care professional, such as a GP. F assessment, there is sometimes a short wait before a counsellor becomes available. There is no the Counselling Service and all sessions are confidential.
	If you are interested in accessing Counselling Service, please contact Julie Kimberley on 01527

Support after Suicide Partnership http://supportaftersuicide.org.uk/

https://primrosehospice.org/family-support/family-support-service/counselling/

A network of organisations that support people who have been bereaved or affected by suicide.

Children with family members in prison

Approximately 200,000 children have a parent sent to prison each year. These children are at risk including poverty, stigma, isolation and poor mental health. NICCO (http://www.nicco.org.uk) pro support professionals working with offenders and their children to help mitigate the negative con children.

https://www.solgrid.org.uk/education/safeguarding/childhttps://www.solgrid.org.uk/education protection/issues/children-family-prison/protection/issues/children-family-prison/





Children and the court system	Children are sometimes required to give evidence in courts, either for crimes committed against t they have witnessed. There are two guides to support these children which can be found at http://www.gov.uk (young witness booklet for 5 to 11 year olds) which is a pdf. There is also a document called "goil being a witness age 12 to 17" which is also found at
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Sexual violence and sexual harassment between children in schools and colleges Here is advice from the WCC webpage:

http://www.worcestershire.gov.uk/info/20379/domestic_abuse_and_sexual_violence/886/sexual_violence_and_abuse

West Mercia Rape and Sexual Abuse Support Centre:

https://www.	wmrsasc.org.uk/	01905 724 51	4 Helpline opening times
Monday	7.30pm to 9.30pm		
Tuesday	1.00pm to 5.00pm		
Thursday	7.30pm to 9.30pm		
Friday	10.00am to 2.00pm		