



RE Year 6 Spring 1

Why do Hindus try to be good?

Some Key ideas

- Hindus believe in a universal soul or God called Brahman.
- They believe that there is a part of Brahman in everyone and this is called the Atman.
- Hindus believe that Brahman takes on many forms which some Hindus worship as gods or goddesses.
- The essence of each god is Brahman.
- These gods are sent to help people find/understand the universal God (Brahman).
- There are three main Hindu deities (the trimurti): Brahma - creator, Vishnu - preserver and Shiva - destroyer.
- Most Hindus have a personal god or goddess to whom they pray to regularly.
- Hindus believe that Brahman is present in all things.
- They believe that Brahman is eternal and everywhere at once.
- Hindus use images and objects to portray God. Hindus do not worship these, but worship Brahman through them.
- Hindus are free to worship God in a variety of forms.
 - **Salt in Water**
You know the salt is in the water but you can't see it. Brahman is present everywhere although you don't see him.
 - **The Fig Seed**
You cannot see Brahman, as you cannot see the inside of the tiny seed of a fig, but Brahman is there and gives life to all, as the seed produces the fig tree.

Ganesh – the remover of obstacles and son of Shiva
 Brahma- the creator
 Vishnu – the preserver
 Shiva – the destroyer
 Brahma, Vishnu, Shiva (The Trimurti)
 Rama and Sita
 Diwali
 Ramayana

Key Vocabulary	Definition
Brahman	The Hindu name for the Universal Spirit that is everywhere and part of everything.
atman	Eternal self. a 'spark' of Brahman It means that all living beings are sacred and special It indicates our true self which underpins who we are.
universal	Relating to or affecting all.
deity/ deities	Gods/ goddesses that reveal aspects of Brahman
essence	The basic or most important idea or quality of something.
murti	An image or statue of a deity
Trimurti	Brahma, Vishnu and Shiva

