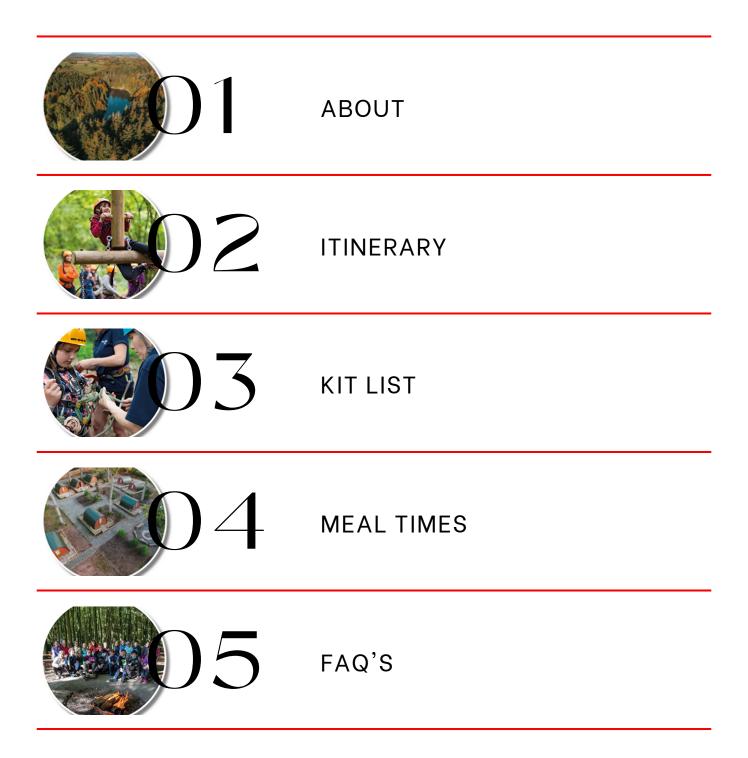


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### ABOUT

# Oaker Wood Leisure



Oaker Wood is based in North Herefordshire. In 175 acres of mature woodland, in the heart of the countryside. We are half an hours drive from Hereford, 1 1/2 hours from central Birmingham yet once you arrive you feel a million miles away.

Children experience a magical adventure at Oaker Wood, sleeping in Wooden Pods, learning to light camp fires, scaling trees, taking on our challenging assault course or racing the length of the lake on a raft.



Accommodation is based in Glamping Villages which are exclusive to each school group. Children sleep in bunk beds in wooden pods which they share, maximum 8 to a pod.

School teachers are allocated separate pods.

Camp Procedures Each school will have exclusive use of a Camp Village.

Between groups the camps are cleaned and sanitised.

Children are not permitted in each others sleeping pods.

Our site toilets are allocated for each school group so at no point will different schools have to share facilities.

All equipment is sanitised between groups. All touch points are cleaned and sanitised regularly.



# TINERARY

Children will be divided into groups of 10-12. Groups will rotate around the activities throughout the residential. Groups will all do the same activities but not in the same order.

subject to change

### Day 1-Friday 20th May

11.00am Arrive at Oaker Wood Camp Induction
12.00pm Lunch
1.00pm Borneo Breakout
3.00pm Paintball
6.00pm Supper & Camp fire

### Day 2 - Saturday 21st May

8.30am Breakfast
10.00am Monkey Climb & Zip Wire
12.30pm Lunch
1.00pm Rafting
3.00pm Pizza Making & Den
6.00pm Supper & Camp fire

### Day 3 - Sunday 22nd May

8.30am Breakfast
9.30am Check out of Camp
10.00am Woodland Krypton
12.15pm Lunch
12.45pm Depart Oaker Wood



### Kit List



- Large Rucksack, or bag/ suitcase
- Warm sleeping bag & pillow, or duvet & pillow
- Blanket (optional dependent on weather)
- Pyjamas
- Tracksuit bottoms/ trousers/ leggings (jeans not recommended)
- T-Shirts
- Warm Jumper(s) / Fleece(s)
- Suitable amount of underwear and warm socks
- Walking Boots / Old Trainers
- Old pair of trainers to wear in lake (only if rafting)
- Towel (x2 if rafting)
- Wash bag (toothbrush, toothpaste, flannel & face wipes)
- Waterproof coat and warm hat & gloves
- Water Bottle-labelled with child's name
- Torch (optional)
- Insect Repellent/ sunscreen
- Any Medication your Child needs
- Pocket money for gift shop (optional) £5-10
- Pocket sized hand sanitiser (optional)

## Meal Times

The school will be sent menu choices a few weeks before arrival. Everyone eats the same meal with the exception of dietary requirements

Breakfast examples	<ul> <li>Cereals</li> <li>Toast</li> <li>Juice</li> <li>Fruit</li> </ul>
Lunch examples	<ul> <li>Hot Dogs</li> <li>Sandwiches</li> <li>Burgers</li> <li>Fruit</li> <li>Crisps</li> <li>Chocolate</li> </ul>
Supper examples	<ul> <li>Spaghetti Bolognaise</li> <li>Chicken Curry</li> <li>Chicken Nuggets &amp; Chips</li> <li>Pasta Bake</li> </ul>

• Lasagne



# FAQ'S

### **1**. My child is allergic to certain foods or a fussy eater.

Oaker Wood sends menus to the school a few weeks before arrival. The school selects the evening meal for each evening, generally in consultation with the children. The school informs us of any dietary requirements. All our meals are home cooked on site.

### 2. Can my child choose who they share a pod with?

Your child's teacher will let us know the pod allocation. Most teachers talk to the children about who they wish to share with.

### 3. Is Oaker Wood safe and secure?

Oaker Wood is located in a very rural area with fields on all sides. At night the main site gate is locked and pods have locks. There is an Oaker Wood staff member on site 24/7.

### 4. Qualification & Accreditations of Oaker Wood staff?

All of our staff are DBS checked and all senior instructors hold a 1st Aid Certificate. Staff follow a rigorous in house training programme and our High Ropes Instructors hold ERCA qualifications (European Ropes Course Association). Throughout the year we operate a continual monitoring programme to ensure consistent performance across our staff team.

### 5. My child takes medicines or has a health condition?

Please make sure the school is fully aware of any medical condition, they will inform Oaker Wood.

### 6. My child is scared of heights or can't swim.

We always encourage children to try new activities but will never force an unwilling child to climb higher than they wish to. For our rafting sessions we provide buoyancy aids and children may remain on the raft at all times. Most children can touch the ground when in the lake.







### ADDRESS

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