



— Autumn Term 2025 —



Safeguarding and Wellbeing



If you have concerns about a child and suspect a child is at risk of harm, please contact the school and speak to a member of the safeguarding team.

You can also contact the Family Front Door. The Family Front Door is the referral point for all referrals where members of the community and professionals refer children and young people living in Worcestershire where they are worried about their safety and welfare.

01905 822666

In emergencies out of normal office hours (weekdays and all day at weekends and bank holidays): telephone: 01905 768020

St John's Safeguarding Team

Designated Safeguarding Lead (DSL)



Mrs K. Gallinagh

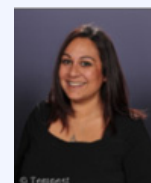
Deputy Designated Safeguarding Leads (DDSL)



Ms J. Alexander



Ms N. Birmingham



Mrs S. Shepherd



Mr L. Boyd



Mrs S. Butt



Domestic Abuse

At St John's, we understand the significant and lasting impact domestic abuse can have on families. Mrs Gallinagh and the other DDSLs are the school's designated Key Adults for Operation Encompass. Through this programme, the school is notified when the police have attended an address due to a domestic incident. We provide support in a non-judgemental environment and can signpost families to relevant agencies, offer guidance, and, if needed, act as advocates by making referrals on their behalf.

We are also aware that school holidays can be an extremely stressful time for families, there is support available.

Please do not suffer in silence.

During term time, feel free to contact the school safeguarding team.

Outside of school hours, including school holidays, please see the links below to access crucial support:

[Contact Us | West Mercia Women's Aid](#)

[DAWN - Domestic Abuse Support - Worcester Community Trust](#)

[Contact Us | Samaritans](#)

Domestic Abuse Support App - Bright Sky by Hestia

Hestia is a London-based charity that supports adults and children in crisis, delivering frontline services and campaigning nationally on issues such as domestic abuse, modern slavery and mental health. They have created the Bright Sky app, a free and discreet tool that helps people recognise signs of abuse, access specialist support and record concerns safely.

The Bright Sky app provides:

- A simple tool to help someone recognise signs of abuse and understand whether a relationship feels unsafe.
- A secure, optional journal for recording incidents or concerns that can later be shared with a trusted person or agency.
- A directory of national and local support services, making it easier to find the right help quickly.

To find out more, please follow the link:

<https://www.hestia.org/brightsky>



Food Banks

We understand how challenging the current financial climate can be for families, and this can place additional strain, particularly around Christmas time.

There are a number of charities in Bromsgrove that provide support to families, including access to food banks.

Please see below for links to three organisations that can offer practical assistance to families in need.

[Foodbank | The Basement Project](#)

[Home - NewStarts](#)

[Bromsgrove | The Salvation Army](#)



Understanding Your Child

Understanding your child's emotions and behaviour can be challenging, especially as hormones kick in and the teenage brain goes through big changes. It's normal to sometimes feel like you're losing touch or unsure how to support them.

The NHS has introduced a free online course called Togetherness, designed to help parents learn more about their child's emotions and the teenage brain. The course also offers practical advice and ideas for strengthening your relationship and staying connected with your child.

[Click on the link to access - Togetherness](#)

TOGETHERNESS

Bringing the Solihull Approach to the world



Artificial Intelligence (Ai)

AI is becoming an increasingly important part of everyday life. It offers exciting opportunities for learning, creativity, and getting things done more efficiently. At the same time, it presents real safeguarding challenges, particularly for children and teenagers.

By working together – parents, schools, and young people – we can help children use AI safely, think critically about what they see online, and build the skills to navigate digital technology with confidence.

What are AI tools and AI-generated content?

AI-generated content

This is when an image, video, or voice clip is made by a computer using AI. Sometimes it is completely made up, and other times it changes something that already exists. For example, a photo of a person that isn't real or a video where someone's face is altered.

AI content generators

These are websites or apps that create AI content. You type in instructions, and the tool makes a new picture, video, or changes an existing one.

AI Chatbots

These are chat programs where your child talks to a computer, not a real person. Chatbots usually reply to short messages and often say they are a bot. Some may have names that sound human.

AI summaries

These are tools that collect information from different places and make a short summary. They often show the summary at the top of a search result or webpage. The AI may list where it got the information from.



- ✓ Talk openly with your child
- ✓ Set boundaries and guidelines
 - ✓ Teach media literacy
- ✓ Use privacy and safety settings
 - ✓ Be alert to red flags
- ✓ Stay informed and engaged

Top Tips for Parents/Carers on AI

1) Talk about where AI shows up

Start by asking your child where they see AI online – in apps, videos, or games. This is a good way to discuss both the benefits and potential risks of AI.

2) Remind them that not everything online is real

Explain that not everything they see online is real. Images and videos may be edited or created by AI.

AI is improving all the time, but there are sometimes clues something is AI-generated. This could include content that looks too perfect, body parts that seem unusual, or movements that don't look natural.

3) Explain the dangers of misusing AI

Talk about how some people can misuse AI to create harmful or inappropriate content. Make sure your child understands it is never acceptable to use AI to hurt someone.

If they experience this or are concerned about someone's behaviour online, they can report it.

If an adult is acting inappropriately towards a child online, this can be reported to the [CEOP safety centre](#).

Sexual images or videos created using AI can be reported and removed through [Report Remove](#).

4) Encourage them to check sources

AI chatbots and summaries can be useful, but it's important your child knows to check that the information comes from reliable sources.

Reliable sources usually list where the information comes from and may include links. If a source isn't clear or trustworthy, encourage your child to check a trusted site themselves.

5) Signpost safe sources for health and wellbeing advice

Young people often look online for advice, including from AI tools. Make sure your child knows about safe, age-appropriate sites, such as [Childline](#), so they access reliable information.

6) Make sure they know where to get help

Remind your child they can always talk to you or another trusted adult, like a teacher, if something worries them online or offline. They can also contact Childline at any time on 0800 11 11, by email, or via online chat.