

SCRAM! Motor Planning Game

How to Play

How to Win:

Competitive Version-The adult will designate the number of rounds to be played. Each time the child successfully completes the "Scram" 3 part motor task he/she will keep the 3 cards. The student with the most cards at the end of the designated rounds is the winner.

Non-competitive Version-There will be no official winner. The student's reward is the pride he/she takes in participating in these tricky tasks. The adult will decide how many rounds will be played.

Materials Needed: Game cards/open space

Directions:

1. Adult prints out game cards on card stock or other heavy paper; lamination is suggested. The cards must be printed double-sided with the number on one side and direction on the other.
2. Cards are sorted into three piles by color.
3. During his/her turn the child will pick three different colored cards. Each will be labeled #1 (blue), #2 (pink), and #3 (green).
4. He/she will read aloud the directions on card #1, then #2, and finally #3. Provide assistance with reading as needed.
5. Once the directions are read, he/she is expected to remember the directions and execute the task correctly. The adult yells "SCRAM" and the child is on their way!
6. Have Fun!



Walk
Forward

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Walk
Backward

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Walk
Sideways

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Spin In
a Circle

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Jump
Forward

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March
Forward

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With Your
Hands on
Your Head

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Ten Times

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With Your
Hands on
Your Hips

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Five Times

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With your
Hands
Clapping

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Seven Times

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While Meowing
Like a Cat

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While Barking
Like a Dog

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While
Whistling

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While
Singing "La La
La La La"

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While
Counting from
1 to 10

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While
Counting
backwards
from 10 to 1

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